USA BASKETBALL PLAY OF THE WEEK

WEEK 1: THE "20" OFFENSE

What situation, scheme, etc...





The Action:

- The 1 passes to the 2 and makes a hard cut to the opposite corner.
- Weak side big dives to the opposite block.

Teaching Points:

1 cuts hard to the opposite corner between 4 and 5 - not a UCLA cut No screen is set for 1

3 moves up - staying high and wide



The Action:

- The 4 screens for the 2 and rolls to the rim.
- The 2 looks to get to the elbow to make a play. If nothing is available, the 3 lifts and the ball is swung across the court.

Teaching Points:

The screen should be set with his back to the elbow or kill area 2 comes off the screen with 2 dribbles reading the roll, opposite post and corner

4 rolls hard to the basket looking for a low pocket pass from 2



The Action:

- The 1 lifts to the wing to receive the pass while the post flashes to the high post.
- After the ball is swung to the wing, the 3 makes a cut to the opposite corner and pushes the 2 to the wing.

Teaching Points:

3 now makes a hard cut to the corner cutting between 5 and 4 2 should stay high and wide now for ball reversal



The Action:

 The 1 comes off the screen from the 5 as the backside forms a weak side triangle.

Teaching Points:

5 screen is set with back to the kill area for better angle

- 1 clears the screen with 2 dribbles looking for 3 options 5 on the roll, 4 on short corner and 3 at 3 pt line
- 2 goes high and wide for possible reversal